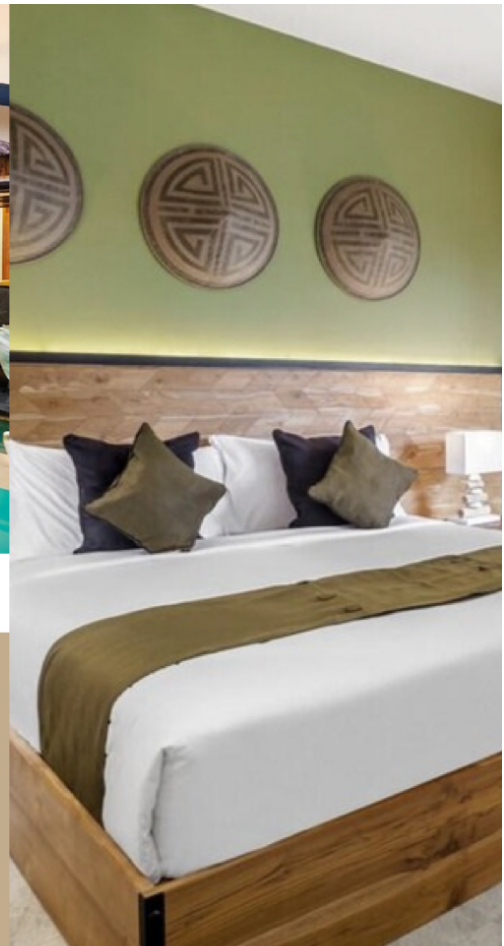
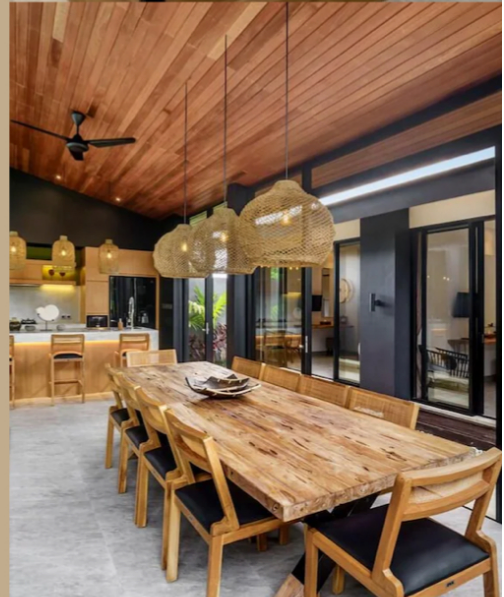




# PRANA DEEP DIVE YOGA RETREAT

*23-28 January 2026*

**SUKHA**  
*Yoga & Wellness*



*Unplug from city-living*

*We warmly welcome you to join Katherine in her  
retreat along the beautiful rice field of Ubud, Bali.*

*Indulge in a few days of well-deserved self-love and  
witness a recharged and rejuvenated you thereafter.*

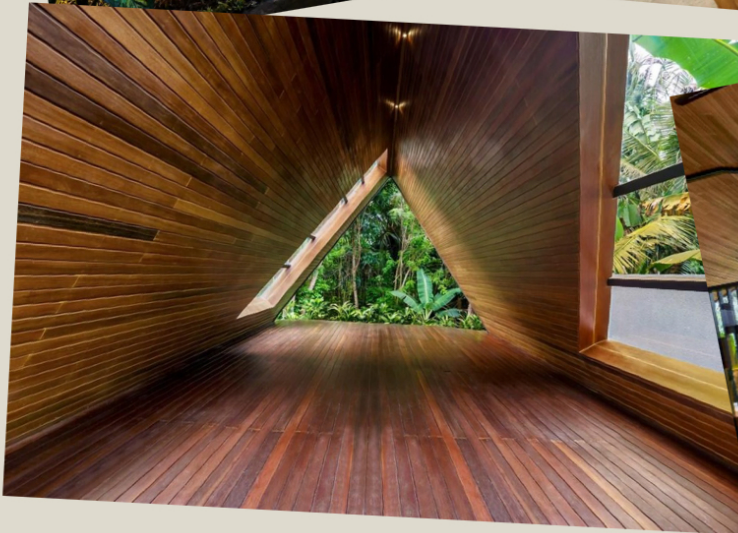


### *Your host, Katherine Lee*



*Katherine, founder of SUKHA Yoga & Wellness, was  
influenced by her mother who was also a yoga teacher. She  
started teaching yoga since 2003.*

*Katherine is keen on bringing transformation to her students  
through the yoga practice by providing them with the  
personalised attention they need to fulfill their wellness goals.*



*4 Bedrooms, 4 Bathrooms  
Limited Spots Only*

**VILLA YOGA SHALLA**

# DAILY SCHEDULE

*7:30am - 9:00am*

*Morning Practice*

*- Meditation, Relaxing Stretch, Hatha, Vinyasa*

*9:00am - 11:00am*

*Breakfast*

*— Free Time —*

*5:30pm - 7:00pm*

*Workshops*

*- Kritan, Yoga Nidra, Backbend & Inversions*

## PRICING

*Shared Bedroom :*

*\$8750/person (Early Bird Price)*

*\$9722/person (Regular Price)*

*Single Bedroom :*

*\$12400/person (Early Bird Price)*

*\$13777/person (Regular Price)*

*Inclusive of:*

- 5 Nights Accommodation, Taxes and service charges*
- Breakfast each full day*
- All Yoga Fees*
- Group Transportation to and from the Airport*

*Exclusive of:*

- Airfare*

**ROOMS ARE ON FIRST-COME-FIRST-SERVED BASIS.  
RESERVE YOUR ROOM NOW!**

**DEPOSIT \$3500 TO BE PAID UNTIL 30 NOVEMBER 2025 TO SECURE YOUR SPOT.  
THE REST OF YOUR PRICE TO BE PAID UNTIL 31 DECEMBER 2025.**

**\* DEPOSIT IS NON-REFUNDABLE**